



MASH YOUR MAD WITH MAD CAKES



RECIPE SUGGESTIONS BY SAGE AND HALLEE ADELMAN



Get one banana & a spoonful of peanut butter. If you're allergic to peanut butter, use one egg white or a spoonful of yogurt. Mix in chocolate or cereal for fun!



Mash out your mad!! Smush the banana and other ingredients together! TAP! SQUISH! SQUASH!



Ask an adult to cook up your mad cakes with a little bit of butter.



When they look more firm, they are ready!!! Let them cool. Then eat your mad cakes with a happy face!!